

Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you. Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. Resist him, firm in your

– 1 Peter 5v6-11

faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world. And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you. To him be the dominion forever and ever. Amen.

– 1 Peter 5v6-11

Formation: The Art & Science of How We Change

Vol. VI: Resistance

1 Peter 5v6-11



I am programmed to expect that the world is what I can see, touch, and measure, and any thought or idea that runs against that expectation is met with resistance...I don't think I'm alone. I believe that most people experience something similar - a subtle-but-strong resistance to faith and a skepticism

– Mike Cosper

**toward anything that veers toward the
supernatural.**

– Mike Cosper

Jesus talked about the devil
...*a lot.*

1 Peter 5v6-11

1. Who is the enemy?

1. Who is the enemy?

2. How does the enemy work?

- 1. Who is the enemy?**
- 2. How does the enemy work?**
- 3. How are we vulnerable to his attacks?**

- 1. Who is the enemy?**
- 2. How does the enemy work?**
- 3. How are we vulnerable to his attacks?**
- 4. How do we resist him?**

1 Peter 5v6-11

Who is the enemy?

the devil (“ha diablos”)

means the slanderer. the liar. the one who lives to lie and spread false information about God and humans and reality.

the satan (“ha satan”)

**“the adversary, the opponent, the accuser,” or
as one scholar put it, “the hostile one.”**

How does the enemy work?

Your adversary the devil prowls around like a roaring lion, seeking someone to devour.

– 1 Peter 5v8

1 Peter 5v6-11

You are of your father the devil, and your will is to do your father's desires. He was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. When he lies, he speaks out of his own character, for he is a liar and the father of lies.

– John 8v44

Lies, that come in the form of deceptive ideas, are the devil's primary method of enslaving human beings and entire human societies in a vicious cycle of ruin that leads us further and further east of Eden...One way to think about temptation is to see all temptation as the appeal to believe a lie, to believe an illusion about reality.

– John Mark Comer

**How are we vulnerable
to his attacks?**

Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another. Be angry and do not sin; do not let the sun go down on your anger, and give no *opportunity to the devil*.

– Ephesians 4v25-27

Anyone whom you forgive, I also forgive. Indeed, what I have forgiven, if I have forgiven anything, has been for your sake in the presence of Christ, *so that we would not be outwitted by Satan; for we are not ignorant of his designs.*

– 2 Corinthians 2v10-11

The long, dull, monotonous years of middle-aged prosperity or middle-aged adversity are excellent campaigning weather for the devil. It is so hard for these creatures to persevere. The routine of adversity, the gradual decay of youthful loves and youthful hopes, the quiet despair of ever overcoming the chronic

– C.S. Lewis

temptations with which we have again and again defeated them, the drabness which we create in their lives and the inarticulate resentment with which we teach them to respond to it – all this provides admirable opportunities of wearing out a soul by attrition. If, on the other hand, the middle years prove

– C.S. Lewis

prosperous, our position is even stronger. Prosperity knits a man to the world. He feels that he is “finding his place in it,” while really it is finding its place in him. His increasing reputation, his widening circle of acquaintances, his sense of importance, the growing pressure of absorbing and agreeable

– C.S. Lewis

work, build up in him a sense of being really at home in earth which is just what we want.

– C.S. Lewis

How do we resist him?

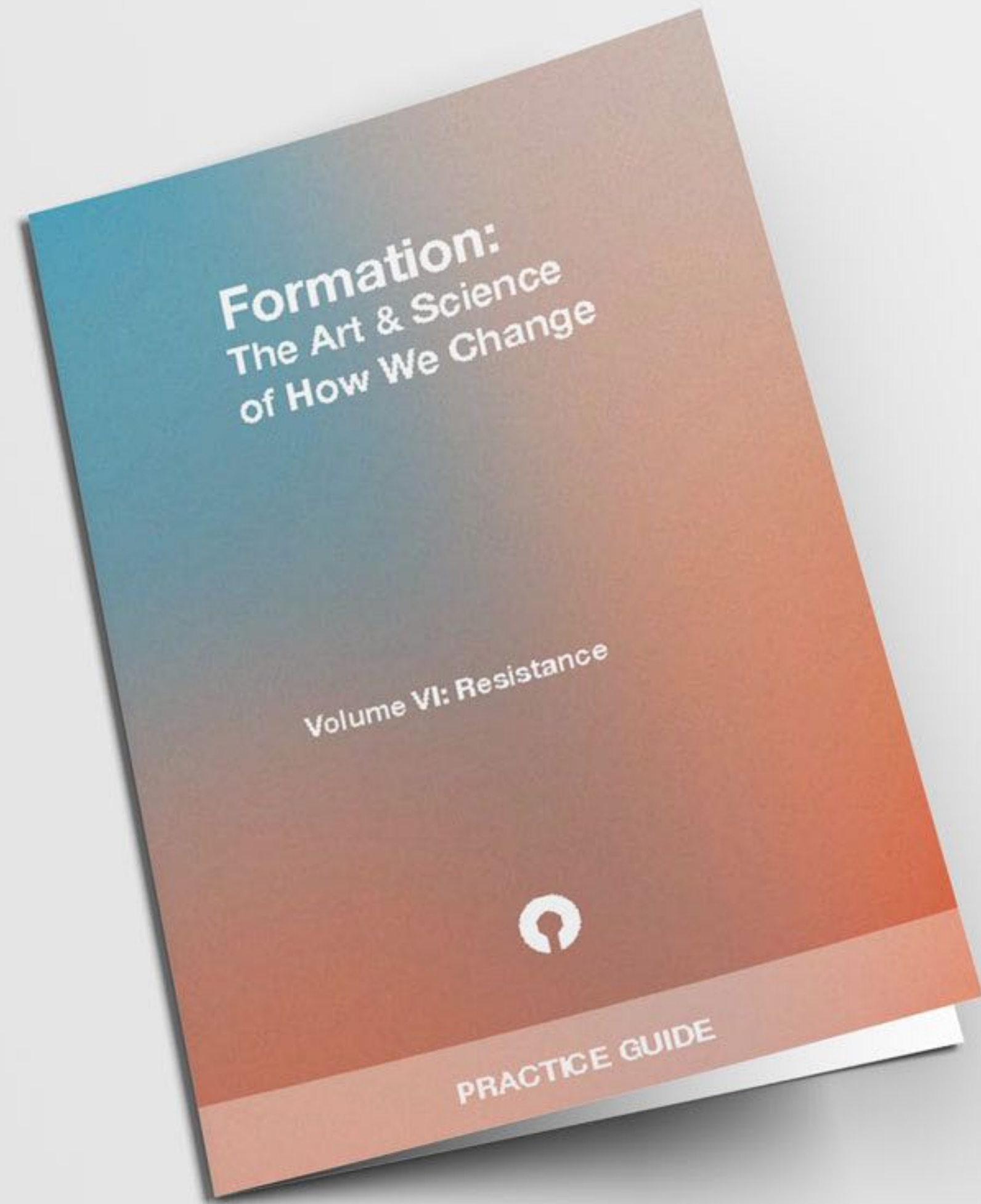
Resist him, firm in your faith.

– 1 Peter 5v9

1. Be humble

2. Be sober-minded and watchful

**3. Be diligent to
replace lies with truth**



Practice Guide

PDF available at
citychurchknox.com

Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world. And after you have suffered a little while, the God of all

– 1 Peter 5v8-11

grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you. To him be the dominion forever and ever. Amen.

– 1 Peter 5v8-11

